

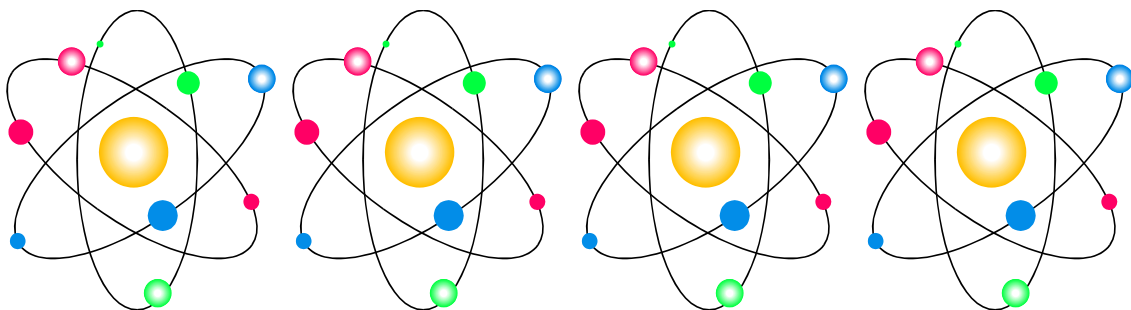


ANGER MANAGEMENT INTERVENTIONS WITH YOUNG PEOPLE

DATE: FRIDAY 23 MAY, 2003

**VENUE: CHIEF O'NEILL'S HOTEL,
SMITHFIELD,
DUBLIN 7**

TIME: 9.30 A.M. - 4.45 P.M.



Background

The issue of dealing with violent and aggressive behaviour in young people for those who work with them is becoming an increasing problem within the youth work sector in Ireland. As the sector mirrors the rise in violent and aggressive behaviour by young people in general, there is a need to have safe and effective responses to deal with such behaviour in a controlled manner. **Acumen Training and Consultancy** is a British based agency with an established expertise in the area of anger management with young people, both in terms of training and published resources. The Irish YouthWork Centre in partnership with Acumen is hosting this event to provide an opportunity for those working with young people in Ireland to explore some innovative practice in this area of work.

Seminar Aims & Objectives

This seminar will examine methods, challenges and opportunities presented through groupwork with young people with anger problems. The seminar will disseminate innovative new work developed from the UK Youth ***Young Male Mind Track Programme***. All delegates will receive a copy of ***Understanding Anger – A Groupwork Programme*** by Jim Hopkinson* and Derek Owens-Rawle* as published by UK Youth December 2000 (reprinted October 2001).

Target Audience

Anyone wishing to work with young people in developing appropriate responses to anger. This includes youth workers, disadvantaged project youth workers, Neighbourhood Youth Project workers, Garda Diversion project workers, education welfare officers, learning mentors, teachers, social workers, probation & welfare officers, young people in-care workers and child and adolescent primary mental health professionals.

Seminar Format

The seminar runs from 9.30 a.m. – 4.45 p.m.. Following a keynote address on the **Development of Understanding Anger Programme** delegates will attend each of the following three workshops:

- **Practicalities of Running Anger Programmes***
- **Demonstration of Theatre Techniques***
- **Masculinity Issues***

The seminar will conclude with a closing exercise from the **Geese Theatre Company***, a team of actors and group workers who present interactive drama and conduct workshops, staff training and consultation for probation services, prisons, young offender institutions, youth offending teams and related agencies, with a strong reputation for their innovative work with offenders and youth at risk.

*** (See speakers profiles on back page)**

ANGER MANAGEMENT INTERVENTIONS WITH YOUNG PEOPLE

PROGRAMME OUTLINE

FRIDAY, 23 MAY, 2003

9.30 – 10.00 Registration and Tea/Coffee

10.00 – 10:50 Introduction to Seminar – Derek Owens-Rawle
Development of Understanding Anger Programme – Jim Hopkinson

10:50 – 11.05 Tea/Coffee

Practicalities
Derek Owens-Rawle
Jim Hopkinson

Masculinity
Joe Yates

Theatre
Alan Mountford

11.05 – 12.30 Workshop 1 Red Blue Green

12.30 – 1.30 Lunch

1.30 – 2.45 Workshop 2 Green Red Blue

2.45 – 3.00 Tea/Coffee

3.00 – 4.15 Workshop 3 Blue Green Red

4.25 – 4.45 Plenary

4.45 – 5.00 Geese Theatre Closing Exercise

SPEAKER/TRAINER PROFILES

JIM HOPKINSON

Jim is a team manager with Leicester Youth Offending Team. He has previously worked as a manager of a youth work agency and as a probation officer. He has published a number of articles in youth work journals and is a tutor to youth work students. In addition to publishing "*Understanding Anger: A Groupwork Programme*", Jim has just written "*Facing Aggression: Effective work with young people*" published by UK Youth 2003.

DEREK OWENS-RAWLE

Derek is a half time lecturer to social work and youth work students at De Montfort University. He also works with an inner city youth work agency, with excluded young people. Derek has previously worked in probation and youth justice settings. Derek has been widely published, and has just completed an effective practice guide which will shortly be published by the Youth Justice Board for England and Wales.

ALUN MOUNTFORD

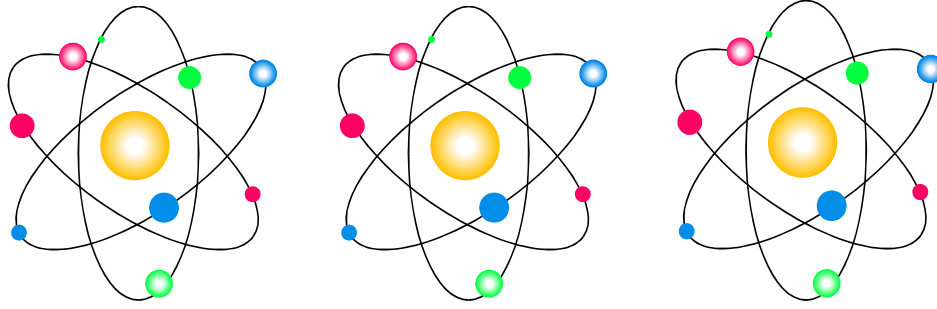
Alun is an actor and drama facilitator. Since 1989 he has worked with the highly regarded Geese Theatre Company and is currently their senior trainer. He designs and runs training for probation services and other professionals in the use of theatre and drama as a rehabilitative tool. Alun is currently training as a psychodrama psychotherapist and has contributed to the recent publication "*The Geese Theatre Handbook*"

GEESE THEATRE COMPANY

Geese Theatre Company is a team of actors and group workers who present interactive drama and conduct workshops, staff training and consultation for probation services, prisons, young offender institutions, youth offending teams and related agencies throughout England, Scotland, Wales and Ireland. The company has gained a reputation for innovative work with offenders and youth at risk and since 1987 has worked in more than 150 custodial institutions and with 42 probation services.

JOE YATES

Joe is a planning and policy development manager with Leicestershire Youth Offending Service. He is also currently a PhD research student at De Montfort University, where he is conducting research exploring the gendered meanings attached to youth crime and delinquency by young males. Joe has worked for the last 9 years as a youth worker and a social worker in a range of voluntary and statutory agencies. Joe regularly lectures to social work & youth work students at the university on risk assessment/management, Masculinity and offending and multi agency working in youth justice. He was recently involved in a university research project for the Youth Justice Board, researching effective practice with dangerous young offenders, which will be published shortly. Joe is currently preparing a paper on the changes to the Youth Justice system in England and Wales to be delivered to an international youth justice conference in Croatia in July.



Anger Management Interventions With Young People

The number of places available on this seminar will be limited to 70 places. Places will be made available on a first come, first served basis. All previous seminars have been oversubscribed so early booking is advised. To book a place please complete booking form and return it by Wednesday 30 April, 2003, together with seminar fee to:

**Fran Bissett, Irish YouthWork Centre
National Youth Federation, 20 Lower Dominick Street
Dublin 1**

PLEASE COMPLETE IN BLOCK CAPITALS

Name:
Address:
Phone: (H) (W)
Organisation:
Position in Organisation:
Special Dietary Needs (eg Vegetarian):

Please indicate how you would hope to benefit from taking part in this seminar:

I wish to reserve a place on the above seminar and enclose a

Postal Order Cheque for €95.00

made payable to the National Youth Federation

Signed:	Date:
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Notes: Places will not be reserved unless fee is enclosed with the booking form.

Fees are non-refundable unless a replacement can be found.

Seminar will only proceed with sufficient bookings to cover event costs.

PHOTOCOPY BOOKING FORM IF ADDITIONAL COPIES REQUIRED