

WORKSHOP AIMS AND OBJECTIVES

This workshop aims to explore challenging behaviour in young people both in terms of prevention at an organisational level and strategies for responding to challenging behaviour when it occurs. The morning session of the workshop will focus on organisational issues such as:

- Developing a strengths-based ethos which validates and celebrates each person
- Acknowledging and incentivising good behaviour
- Building relationships and trust in the group
- Having very clear expectations around behaviour
- Developing an engaging, varied, and well planned programme which takes account of different learning styles
- Addressing the specific needs of boys
- Consistency and fairness around consequences of unacceptable behaviour
- Developing a cohesive and supportive staff team.

The afternoon session will focus on dealing with instances of challenging behaviour and will explore topics such as:

- The battle zone vs. the learning zone
- Deescalating the situation
- Listening and acknowledging feelings
- The audience factor
- Stating desired behaviour
- Following through with consequences
- Preserving dignity and Follow up.

The afternoon session will also highlight the importance of supervision and staff support.

FACILITATOR PROFILE

Hilary Jenkinson operates a training consultancy practice specialising in areas such as groupwork facilitation, youth work supervision, stress management, team development, working with adolescents and creative methods of working with individuals and groups.

She has been involved in the professional development and training of youth and community workers and social workers for 14 years through her work as a lecturer in the Department of Applied Social Studies in U.C.C. She also has previous practice experience in the Nazareth Children's Home, Tralee and Transforum Alley in Tralee, an arts based youth project for early school leavers/young offenders.

WORKSHOP FORMAT

The training will be participative and interactive using a creative group work approach and will provide plenty of opportunity for discussion and shared learning.

TARGET AUDIENCE

Anyone within the youth and community work sector who is working directly with young people who experience difficulties in dealing with challenging behaviour with young people or wishes to improve their skills in this area..

WORKSHOP PROGRAMME OUTLINE

A detailed programme outline for the day will be supplied to participants in advance of the event.

SUPPORTING DOCUMENTATION

Participants at the workshop will receive an information and resource pack on the workshop theme including:

- Background and Supporting Information
- Workshop Materials
- IYWC Resource Information

BOOKING FORM

The number of places available on this course is limited to 20, available on a first come, first served basis. Previous events have been oversubscribed so early booking is advised. Please complete booking form, **in particular which day you will be attending**, and return to the address given, by no later than **Monday 1st September** together with workshop fee of **€70.00**.

PLEASE COMPLETE IN BLOCK CAPITALS

Name: _____

Organisation: _____

Address: _____

Phone: _____ Email: _____

Date of Attendance: Wednesday 17 September Thursday 18 September

Special Dietary Needs: _____

Please indicate how you would hope to benefit from taking part in this course

I wish to reserve a place on this workshop and enclose:

Postal Order Cheque Invoice

Please make cheque payable to Youth Work Ireland

If you require an invoice please specify the name of the person or organisation to be invoiced:

Signed: _____ Date: _____

Please Return Completed Form & Payment to:

Fran Bissett
Irish YouthWork Centre
20 Dominick Street Lower
Dublin 1
Tel: 01-8729933 **Fax:** 01-8724183
Email: fbissett@youthworkireland.ie

Note: Places will not be reserved unless a fee is enclosed with the booking form. Fees are non-refundable unless a replacement can be found. Workshop will only proceed with sufficient bookings to cover the event costs.

IYWC Events Programme 2008



Responding to Challenging Behaviour in Young People

Date: *Wednesday 17 September, 2008

*Thursday 18 September, 2008

**(same one-day course run on successive days)*

Venue: 20 Dominick Street Lower, Dublin 1



Youth Work Ireland

20 Dominick Street Lower, Dublin 1.

Youth Work Ireland is the trading name of National Youth Federation Ltd.